

## **Volunteer info sheet**

Thank you for wanting to support Jump Fall Fly through volunteering your time and talents!

Jump Fall Fly welcomes dedicated volunteers, who are willing to share their skills, time, energy, ideas, muscles, brainpower, hearts and so much more.

Volunteer support means that we can minimise our costs, be more efficient and effective and be inspired by a diverse organisational culture.

Crucially however, the possibility of our projects and services depend on the vital contributions of our volunteers and we would simply not be able to bring the benefits to those in need without the dedication of special people like you!

## **Volunteer Roles**

Jump Fall Fly offers a range of short and long-term individual and corporate volunteer opportunities including:

- Fundraising and awareness-raising at market and event stalls raising awareness for Jump Fall Fly and collecting donations through talking to the public about the work we do. (mostly weekends)
- Supporting Office and administrative objective Including answering phones, marketing, emailings, accounts, volunteer organising, fundraising (business hours)



Jump Fall Fly CIC  
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- Participating in a Jump Fall Fly Circus & Theatre events in a number of ways including Performing, Event Admin, Event management, Teaching, Facilitating, Filming, Photography and many more)

- JUMP FALL FLY COACHING TRAINING volunteers

Our coaching courses are run in varying lengths and modules.

We offer all volunteers FREE attendance at our introductory training which is half a day long as a gift to you for offering to volunteer. Once you have completed the course we invite volunteer to attend as part of our team at subsequent trainings.

- Special events

Several events will be developed and run throughout the year where we need extra sets of hands onboard, like our CEO Circus Extravaganza and our CIRCUS for PEOPLE and PLANET annual event.

## **Jump Fall Fly's Circus For A Cause**

Circus For A Cause is our key corporate engagement program. We run fun and interactive circus workshops for corporate teams, with a focus on educating them about the work we do in engaging people and the issues of developing mental health and thriving. Volunteers assist our programme leaders in leading these and working with participants.



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## **Benefits of Volunteering with Jump Fall Fly**

By volunteering with Jump Fall Fly it is hoped that you will not only learn new skills and meet new people, but also gain a valuable insight into the benefits and enjoyment of circus, theatre, coaching and how it can influence and change lives. You will also share in the generosity and humanity of those within the unique Jump Fall Fly community.

### **Other benefits include:**

Actively make a social and environmental impact and a difference to the lives of those in need.

Gain an understanding of the various organisations that work in the community and with Jump Fall Fly.

Gain an understanding of the challenges people face that may cause them to struggle with their lives

Gain transferable skills, training and development

Build great connections and friendships through interaction with Jump Fall Fly staff, corporate volunteers, donors and recipient charities

On occasion, receive tickets and exposure to unique events run by Jump Fall Fly, our partners and ambassadors

Receive regular email correspondence on Jump Fall Fly activities and opportunities to volunteer

Receive a reference and copy of the Police Check for your resume

Share your experiences, skills and motivation to inspire others into action!



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## **Frequently Asked Questions**

### ***Why do I need to attend an information/induction session and meet the Jump Fall Fly team when I'm volunteering my time?***

The information session is your opportunity to learn in more detail about the work we do, and the various volunteer roles available. This information will be the foundation of your knowledge for future volunteering with Jump Fall Fly.

We also feel it is important to meet all of our volunteers, both so we can get to know you, and to ensure that the volunteers we recruit have the appropriate skills and attitude reflective of our organisation.

This is also a great opportunity for you to get to know us and ask questions!

### ***If I am successful in becoming a volunteer, what else will I need to do?***

All volunteers must complete our coaching skills training which is provided free of charge. We believe that the quality of relationships between us all is crucial and we want all our volunteers to feel as comfortable as possible in the way they communicate to each other, Jump Fall Fly staff and the people we serve.

You may also need to complete additional training by mutual consent which we will provide at our cost.

### ***Will volunteering cost me anything?***

We kindly ask for:

Volunteers to provide their own police DBS check, at their own cost (Jump Fall Fly will explain this to you if you are accepted as a volunteer.)



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Volunteers that hold existing police checks issued within the past 12 months can submit this and may not be required to obtain a new check.

£20 administration contribution to Jump Fall Fly for all volunteers to cover our costs in providing volunteers with the required uniform and volunteer insurance.

***Do I need to wear a uniform?***

All volunteers (except those working in the office) are required to wear a Jump Fall Fly T-shirt.

The cost for the T-Shirt is included in the above administration fee.

***Will reference and other checks be done on me?***

Yes. Jump Fall Fly offers a variety of volunteer opportunities and volunteers must undergo a reference check, consent to a Police and Criminal History Check and a Working With Children Check as stipulated and as necessary.

Jump Fall Fly will conduct and/or oversee this process. Once complete, volunteers will receive a copy of the report, which may be helpful for future use. Any adverse outcomes revealed in this check will be discussed with volunteers as they arise and may impact on a volunteer's suitability for volunteering.

***How much and how often can I volunteer?***

Jump Fall Fly plans utilises the invaluable time, skills and experience of many of volunteers every year.

We will send email requests for volunteer assistance from time to time. Volunteers can participate as often or as little as they wish.



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